



MONTHLY DINING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Oct 1 Cinnamon Roll Orange Apple Crisps 1% Milk Skim Milk	Oct 2 WG Granola Bar Assorted Flavors Sunflower Seeds Applesauce Cup Assorted Flavors Orange 1% Milk Skim Milk	Oct 3 Cinnamon Toast Crunch Bar Apple Pear 1% Milk Skim Milk
Oct 6 Whole Grain Bagel Cream Cheese Cup Orange Apple Cherry Juice 1% Milk Skim Milk	Oct 7 Yogurt Cup Assorted Flavors Educational Grahams Apple Assorted Fruit Cups 1% Milk Skim Milk	Oct 8 Stuffed Mini Bagels Strawberry Cream Cheese Orange Apple Crisps 1% Milk Skim Milk	Oct 9 Assorted Oatmeal Rounds Applesauce Cup Assorted Flavors Orange 1% Milk Skim Milk	Oct 10 Assorted Mini Loaf String Cheese Apple Pear 1% Milk Skim Milk
Oct 13	Oct 14 Snackn Waffles Assorted Flavors Assorted Fruit Cups Apple Crisps 1% Milk 1% Milk	Oct 15 Assorted Breakfast Bread Orange Apple Cherry Juice 1% Milk Skim Milk	Oct 16 Pull-a-Part Donut Applesauce Cup Assorted Flavors Orange 1% Milk Skim Milk	Oct 17 WG Granola Bar Assorted Flavors String Cheese Pear Apple 1% Milk Skim Milk
Oct 20 Maple Oatmeal Orange Apple Cherry Juice 1% Milk Skim Milk	Oct 21 Stuffed Mini Bagels Strawberry Cream Cheese Apple Assorted Fruit Cups Skim Milk 1% Milk	Oct 22 Whole Grain Bagel Cream Cheese Cup Orange Apple Crisps Skim Milk 1% Milk	Oct 23 Assorted Muffins Sunflower Seeds Applesauce Cup Assorted Flavors Orange 1% Milk Skim Milk	Oct 24 Assorted Oatmeal Rounds Pear Apple 1% Milk Skim Milk
Oct 27 Snackn Waffles Assorted Flavors Orange Apple 1% Milk Skim Milk	Oct 28 Poffitz Pancake Bites Apple Crisps Assorted Fruit Cups Skim Milk 1% Milk	Oct 29 Pull-a-Part Donut Orange Apple Cherry Juice 1% Milk Skim Milk	Oct 30 WG Granola Bar Assorted Flavors Applesauce Cup Assorted Flavors Orange 1% Milk Skim Milk	Oct 31 Cinnamon Toast Crunch Bar Apple Pear 1% Milk Skim Milk

Chicken products are No Antibiotic Ever (NAE) or No Antibiotics Important to Human Medicine (NAIHM).

All menus are pork-free.

Grain/bread items served are Whole Grain Rich.

Our milk options include 1% and Skim.

Not all offerings may be available in all buildings and menu offerings may change with little to no notice.

This institution is an equal opportunity provider.